
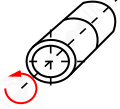
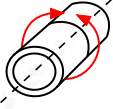



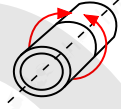
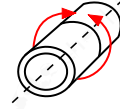

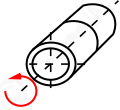
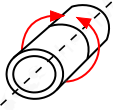



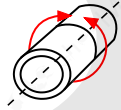
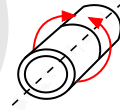

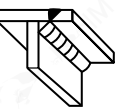
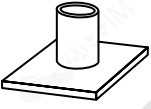

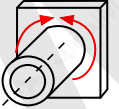

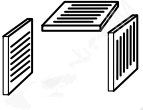








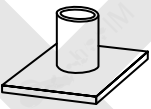

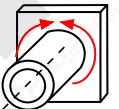

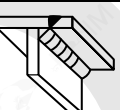


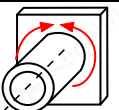

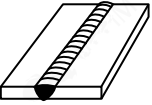
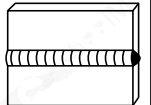
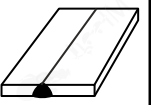
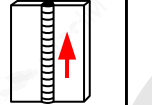

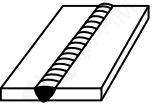
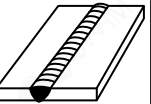
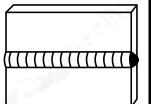
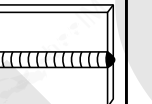

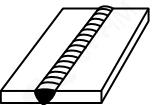
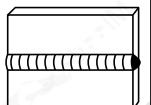
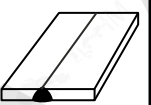
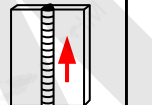

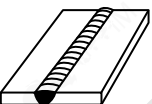

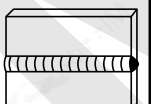
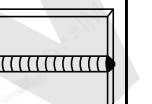

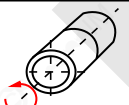

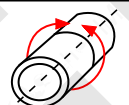
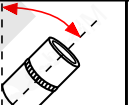

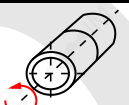

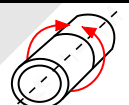
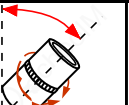

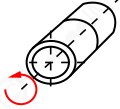

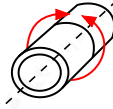
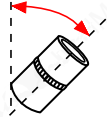

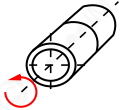

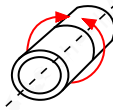



| Abstract | | Training | Exercise 1 | Exercise 2 | Exercise 3 | Exercise 4 | Exercise 5 | Exercise 6 | Exercise 7 | Exercise 8 | Exercise 9 | Exercise 10 |
|----------|-----------------------|-----------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|-------------|
| 0 | 1 E1 St (PersZert) | 90 0 90 | | | | | | | | | | |
| 0 | 1 E2 St (PersZert) | 76 4 80 | | | | | | | | | | |
| 0 | 1 E3 St (PersZert) | 80 0 80 | | | | | | | | | | |
| 0 | 1 E4 St (PersZert) | 76 4 80 | | | | | | | | | | |
| 0 | 1 E5 St (PersZert) | 75 5 80 | | | | | | | | | | |
| 0 | 1 E6 St (PersZert) | 92 12 104 | | | | | | | | | | |

| Abstract | | Training | Exercise 1 | Exercise 2 | Exercise 3 | Exercise 4 | Exercise 5 | Exercise 6 | Exercise 7 | Exercise 8 | Exercise 9 | Exercise 10 |
|----------|-----------------------|---------------|---|---|--|---|---|---|---|---|------------|-------------|
| 0 | 1 M5 St (PersZert) | 76 4 80 |  |  |  |  |  |  |  |  | | |
| 0 | 1 M6 St (PersZert) | 76 4 80 |  |  |  |  |  |  |  |  | | |
| 0 | 1 T1 Al (PersZert) | 80 0 80 |  |  |  |  |  | | | | | |
| 0 | 1 T1 St (PersZert) | 80 0 80 |  |  |  |  |  |  |  |  | | |
| 0 | 1 T2 Al (PersZert) | 80 0 80 |  |  |  |  |  | | | | | |
| 0 | 1 T2 St (PersZert) | 76 4 80 |  |  |  |  |  | | | | | |

| Abstract | | Training | Exercise 1 | Exercise 2 | Exercise 3 | Exercise 4 | Exercise 5 | Exercise 6 | Exercise 7 | Exercise 8 | Exercise 9 | Exercise 10 |
|----------|-----------------------|-----------------|---|---|--|---|---|------------|------------|------------|------------|-------------|
| 0 | 1 T3 Al (PersZert) | 56 0 56 |  |  |  |  |  | | | | | |
| 0 | 1 T3 St (PersZert) | 56 0 56 |  |  |  |  |  | | | | | |
| 0 | 1 T4 Al (PersZert) | 76 4 80 |  |  |  |  |  | | | | | |
| 0 | 1 T4 St (PersZert) | 76 4 80 |  |  |  |  |  | | | | | |
| 0 | 1 T5 Al (PersZert) | 120 0 120 |  |  |  |  |  | | | | | |
| 0 | 1 T5 St (PersZert) | 120 0 120 |  |  |  |  |  | | | | | |

| Abstract | | Training | Exercise 1 | Exercise 2 | Exercise 3 | Exercise 4 | Exercise 5 | Exercise 6 | Exercise 7 | Exercise 8 | Exercise 9 | Exercise 10 |
|----------|-----------------------|---------------|---|---|--|---|---|------------|------------|------------|------------|-------------|
| 0 | 1 T6 Al (PersZert) | 56 4 60 |  |  |  |  |  | | | | | |
| 0 | 1 T6 St (PersZert) | 60 4 64 |  |  |  |  |  | | | | | |

DEMO